

WCA20 STANDARDS WCA CHAMP QT - LC Short Course Meters

Women 10 & Under

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 35,84 | 42,92 |
| 100 Free | 1:17,53 | 1:32,81 |
| 200 Free | 2:48,38 | 3:09,68 |
| 400 Free | 5:55,16 | 6:42,94 |
| 50 Back | 41,37 | 49,31 |
| 100 Back | 1:28,81 | 1:45,84 |
| 200 Back | 3:11,24 | 3:34,79 |
| 50 Breast | 45,40 | 54,18 |
| 100 Breast | 1:39,37 | 1:58,54 |
| 200 Breast | 3:33,40 | 3:59,84 |
| 50 Fly | 38,05 | 45,38 |
| 100 Fly | 1:25,48 | 1:41,91 |
| 200 IM | 3:12,84 | 3:38,18 |

Women 11-11

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 35,84 | 41,45 |
| 100 Free | 1:17,53 | 1:32,53 |
| 200 Free | 2:48,38 | 3:09,68 |
| 400 Free | 5:55,16 | 6:40,43 |
| 800 Free | 12:08,92 | |
| 1500 Free | 23:06,93 | |
| 50 Back | 41,37 | 48,67 |
| 100 Back | 1:28,18 | 1:45,37 |
| 200 Back | 3:11,24 | 3:34,79 |
| 50 Breast | 45,40 | 53,47 |
| 100 Breast | 1:39,37 | 1:57,89 |
| 200 Breast | 3:33,40 | 3:59,84 |
| 50 Fly | 38,05 | 44,80 |
| 100 Fly | 1:25,48 | 1:41,69 |
| 200 Fly | 3:05,45 | |
| 200 IM | 3:12,84 | 3:38,18 |
| 400 IM | 6:49,20 | |

Women 12-12

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 34,29 | 37,89 |
| 100 Free | 1:13,71 | 1:22,83 |
| 200 Free | 2:40,10 | 3:07,97 |
| 400 Free | 5:37,70 | 6:24,89 |
| 800 Free | 11:33,79 | |
| 1500 Free | 22:19,70 | |
| 50 Back | 39,39 | 43,65 |
| 100 Back | 1:24,56 | 1:34,58 |
| 200 Back | 3:02,08 | 3:32,70 |
| 50 Breast | 43,20 | 47,90 |
| 100 Breast | 1:34,57 | 1:45,72 |
| 200 Breast | 3:23,11 | 3:57,38 |
| 50 Fly | 36,21 | 40,15 |
| 100 Fly | 1:21,37 | 1:31,08 |
| 200 Fly | 2:57,36 | |
| 200 IM | 3:03,50 | 3:35,05 |
| 400 IM | 6:29,68 | |

WCA20 STANDARDS WCA CHAMP QT - LC Short Course Meters

Women 13-13

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 34,29 | 37,89 |
| 100 Free | 1:13,71 | 1:22,83 |
| 200 Free | 2:40,10 | 3:07,97 |
| 400 Free | 5:37,70 | 6:24,89 |
| 800 Free | 11:33,79 | |
| 1500 Free | 22:19,70 | |
| 50 Back | 39,39 | 43,65 |
| 100 Back | 1:24,56 | 1:34,58 |
| 200 Back | 3:02,08 | 3:32,70 |
| 50 Breast | 43,20 | 47,90 |
| 100 Breast | 1:34,57 | 1:45,72 |
| 200 Breast | 3:23,11 | 3:57,38 |
| 50 Fly | 36,21 | 40,15 |
| 100 Fly | 1:21,37 | 1:31,08 |
| 200 Fly | | |
| 200 IM | 3:03,50 | 3:35,05 |
| 400 IM | 6:29,68 | |

Women 14-14

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 31,29 | 34,84 |
| 100 Free | 1:07,70 | 1:15,88 |
| 200 Free | 2:27,08 | 2:43,47 |
| 400 Free | 5:10,27 | 5:44,58 |
| 800 Free | 10:38,25 | |
| 1500 Free | 20:14,41 | |
| 50 Back | 36,27 | 40,00 |
| 100 Back | 1:17,87 | 1:26,79 |
| 200 Back | 2:47,69 | 3:05,63 |
| 50 Breast | 39,76 | 43,88 |
| 100 Breast | 1:27,40 | 1:36,95 |
| 200 Breast | 3:06,96 | 3:28,99 |
| 50 Fly | 33,33 | 36,79 |
| 100 Fly | 1:14,91 | 1:23,55 |
| 200 Fly | 2:42,89 | |
| 200 IM | 2:48,83 | 3:08,35 |
| 400 IM | 5:58,99 | |

Women 15-15

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 31,29 | 34,84 |
| 100 Free | 1:07,70 | 1:15,86 |
| 200 Free | 2:27,08 | 2:43,47 |
| 400 Free | 5:10,27 | 5:44,58 |
| 800 Free | 10:38,25 | |
| 1500 Free | 20:14,41 | |
| 50 Back | 36,27 | 40,00 |
| 100 Back | 1:17,87 | 1:26,79 |
| 200 Back | 2:47,69 | 3:05,63 |
| 50 Breast | 39,76 | 43,88 |
| 100 Breast | 1:27,40 | 1:36,95 |
| 200 Breast | 3:06,96 | 3:26,99 |
| 50 Fly | 33,33 | 36,79 |

WCA20 STANDARDS WCA CHAMP QT - LC Short Course Meters

| | | |
|---------|---------|---------|
| 100 Fly | 1:14,91 | 1:23,55 |
| 200 Fly | 2:42,89 | |
| 200 IM | 2:48,83 | 3:08,35 |
| 400 IM | 5:58,99 | |

Women 16-16

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 30,28 | 32,84 |
| 100 Free | 1:05,52 | 1:13,16 |
| 200 Free | 2:22,35 | 2:38,91 |
| 400 Free | 5:00,30 | 5:36,17 |
| 800 Free | 10:18,25 | |
| 1500 Free | 19:36,35 | |
| 50 Back | 35,13 | 39,09 |
| 100 Back | 1:15,43 | 1:23,94 |
| 200 Back | 2:42,46 | 3:00,77 |
| 50 Breast | 38,50 | 42,88 |
| 100 Breast | 1:24,30 | 1:33,88 |
| 200 Breast | 3:01,08 | 3:21,64 |
| 50 Fly | 32,29 | 35,95 |
| 100 Fly | 1:12,56 | 1:20,78 |
| 200 Fly | 2:37,85 | |
| 200 IM | 2:43,50 | 3:03,50 |
| 400 IM | 5:47,85 | |

Women 17 & Over

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 30,28 | 32,84 |
| 100 Free | 1:05,52 | 1:13,16 |
| 200 Free | 2:22,35 | 2:38,91 |
| 400 Free | 5:00,30 | 5:36,17 |
| 800 Free | 10:18,25 | |
| 1500 Free | 19:36,35 | |
| 50 Back | 35,13 | 39,10 |
| 100 Back | 1:15,43 | 1:23,95 |
| 200 Back | 2:42,46 | 3:00,78 |
| 50 Breast | 38,50 | 42,89 |
| 100 Breast | 1:24,30 | 1:33,89 |
| 200 Breast | 3:01,08 | 3:21,64 |
| 50 Fly | 32,29 | 35,95 |
| 100 Fly | 1:12,56 | 1:20,78 |
| 200 Fly | 2:37,85 | |
| 200 IM | 2:43,50 | 3:03,50 |
| 400 IM | 5:47,85 | |

Men 10 & Under

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 35,32 | 41,21 |
| 100 Free | 1:17,97 | 1:31,16 |
| 200 Free | 2:52,54 | 3:05,49 |
| 400 Free | 5:53,70 | 6:50,68 |
| 50 Back | 41,13 | 47,92 |
| 100 Back | 1:29,10 | 1:43,79 |
| 200 Back | 3:10,27 | 3:28,49 |
| 50 Breast | 44,70 | 52,13 |
| 100 Breast | 1:38,09 | 1:55,32 |

WCA20 STANDARDS WCA CHAMP QT - LC Short Course Meters

| | | |
|------------|---------|---------|
| 200 Breast | 3:32,68 | 3:50,50 |
| 50 Fly | 38,36 | 44,71 |
| 100 Fly | 1:24,51 | 1:39,65 |
| 200 IM | 3:12,08 | 3:30,70 |

Men 11-11

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 35,32 | 40,69 |
| 100 Free | 1:17,97 | 1:30,90 |
| 200 Free | 2:52,54 | 3:05,49 |
| 400 Free | 5:53,70 | 6:45,70 |
| 800 Free | 12:31,74 | |
| 1500 Free | 24:08,24 | |
| 50 Back | 41,13 | 47,30 |
| 100 Back | 1:29,10 | 1:43,35 |
| 200 Back | 3:10,27 | 3:28,49 |
| 50 Breast | 44,70 | 51,45 |
| 100 Breast | 1:38,09 | 1:54,71 |
| 200 Breast | 3:32,68 | 3:50,50 |
| 50 Fly | 38,36 | 44,14 |
| 100 Fly | 1:24,51 | 1:39,27 |
| 200 Fly | 3:10,83 | |
| 200 IM | 3:12,08 | 3:30,70 |
| 400 IM | 6:55,83 | |

Men 12-12

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 32,14 | 34,59 |
| 100 Free | 1:11,14 | 1:17,43 |
| 200 Free | 2:37,45 | 2:39,61 |
| 400 Free | 5:34,69 | 5:47,66 |
| 800 Free | 11:27,50 | |
| 1500 Free | 22:04,49 | |
| 50 Back | 37,16 | 40,36 |
| 100 Back | 1:21,48 | 1:28,56 |
| 200 Back | 2:57,68 | 3:10,63 |
| 50 Breast | 40,85 | 43,84 |
| 100 Breast | 1:30,40 | 1:37,94 |
| 200 Breast | 3:16,24 | 3:27,10 |
| 50 Fly | 35,07 | 37,65 |
| 100 Fly | 1:18,18 | 1:24,82 |
| 200 Fly | 2:54,71 | |
| 200 IM | 2:58,25 | 3:13,28 |
| 400 IM | 6:21,01 | |

Men 13-13

| | WC-A | WC-B |
|-----------|-------------|-------------|
| 50 Free | 32,14 | 34,59 |
| 100 Free | 1:11,14 | 1:17,43 |
| 200 Free | 2:37,45 | 2:39,61 |
| 400 Free | 5:34,69 | 5:44,79 |
| 800 Free | 11:27,50 | |
| 1500 Free | 22:04,49 | |
| 50 Back | 37,16 | 40,36 |
| 100 Back | 1:21,48 | 1:28,56 |
| 200 Back | 2:57,68 | 3:10,63 |

WCA20 STANDARDS WCA CHAMP QT - LC Short Course Meters

| | | |
|------------|---------|---------|
| 50 Breast | 40,85 | 43,84 |
| 100 Breast | 1:30,40 | 1:37,94 |
| 200 Breast | 3:16,24 | 3:27,10 |
| 50 Fly | 35,07 | 37,65 |
| 100 Fly | 1:18,18 | 1:24,82 |
| 200 Fly | 2:54,71 | |
| 200 IM | 2:58,25 | 3:13,28 |
| 400 IM | 6:21,01 | |

Men 14-14

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 28,60 | 30,24 |
| 100 Free | 1:03,33 | 1:06,81 |
| 200 Free | 2:20,20 | 2:28,77 |
| 400 Free | 4:58,06 | 5:24,10 |
| 800 Free | 10:13,58 | |
| 1500 Free | 19:42,08 | |
| 50 Back | 33,59 | 35,41 |
| 100 Back | 1:12,78 | 1:17,62 |
| 200 Back | 2:38,73 | 2:47,99 |
| 50 Breast | 36,44 | 38,41 |
| 100 Breast | 1:20,67 | 1:25,97 |
| 200 Breast | 2:55,16 | 3:05,35 |
| 50 Fly | 31,30 | 33,02 |
| 100 Fly | 1:09,80 | 1:14,51 |
| 200 Fly | 2:36,32 | |
| 200 IM | 2:39,02 | 2:49,61 |
| 400 IM | 5:40,19 | |

Men 15-15

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 28,60 | 30,24 |
| 100 Free | 1:03,33 | 1:06,81 |
| 200 Free | 2:20,20 | 2:28,77 |
| 400 Free | 4:58,06 | 5:20,39 |
| 800 Free | 10:13,58 | |
| 1500 Free | 19:42,08 | |
| 50 Back | 33,59 | 35,41 |
| 100 Back | 1:12,78 | 1:17,62 |
| 200 Back | 2:38,73 | 2:47,99 |
| 50 Breast | 36,44 | 38,41 |
| 100 Breast | 1:20,67 | 1:25,97 |
| 200 Breast | 2:55,16 | 3:05,35 |
| 50 Fly | 31,30 | 33,02 |
| 100 Fly | 1:09,80 | 1:14,51 |
| 200 Fly | 2:36,32 | |
| 200 IM | 2:39,02 | 2:49,61 |
| 400 IM | 5:40,19 | |

Men 16-16

| | WC-A | WC-B |
|----------|-------------|-------------|
| 50 Free | 27,28 | 29,49 |
| 100 Free | 1:00,40 | 1:05,28 |
| 200 Free | 2:13,73 | 2:26,67 |
| 400 Free | 4:44,32 | 5:17,09 |
| 800 Free | 9:45,89 | |

WCA20 STANDARDS WCA CHAMP QT - LC Short Course Meters

| | | |
|------------|----------|---------|
| 1500 Free | 18:48,74 | |
| 50 Back | 32,08 | 34,09 |
| 100 Back | 1:09,52 | 1:14,95 |
| 200 Back | 2:31,62 | 2:43,47 |
| 50 Breast | 34,79 | 36,99 |
| 100 Breast | 1:17,02 | 1:23,11 |
| 200 Breast | 2:47,80 | 3:00,44 |
| 50 Fly | 29,89 | 31,77 |
| 100 Fly | 1:06,66 | 1:11,90 |
| 200 Fly | 2:29,37 | |
| 200 IM | 2:31,81 | 2:45,04 |
| 400 IM | 5:25,26 | |

Men 17 & Over

| | WC-A | WC-B |
|------------|-------------|-------------|
| 50 Free | 27,28 | 29,49 |
| 100 Free | 1:00,40 | 1:05,28 |
| 200 Free | 2:13,73 | 2:26,67 |
| 400 Free | 4:44,32 | 5:17,09 |
| 800 Free | 9:45,89 | |
| 1500 Free | 18:48,74 | |
| 50 Back | 32,08 | 34,09 |
| 100 Back | 1:09,52 | 1:14,95 |
| 200 Back | 2:31,62 | 2:43,47 |
| 50 Breast | 34,79 | 36,99 |
| 100 Breast | 1:17,02 | 1:23,11 |
| 200 Breast | 2:47,80 | 3:00,44 |
| 50 Fly | 29,89 | 31,77 |
| 100 Fly | 1:06,66 | 1:11,90 |
| 200 Fly | 2:29,37 | |
| 200 IM | 2:31,81 | 2:45,04 |
| 400 IM | 5:25,26 | |